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Thank you for choosing Auralia, the market leader in cosmetic surgery in Ireland. Contained within this brochure is an overview of our team, clinic and procedures we offer our clients.

We provide an extensive range of procedures and treatments, from surgical to non-surgical, that are tailored to suit the patient's individual needs and desires. Here in Auralia, patient care is at the forefront of our agenda when it comes to being a cosmetic surgery provider.

We continually invest to create an exceptional patient service, which begins upon first contact and continues until the full aftercare program has been completed.



EXPERTISE,
IS PEACE
OF MIND



“For close to thirty years, I have been hoping to find someone who could restore my stomach to some semblance of how it looked before I had children. I never could find someone whose results were good enough for me to want to have a tummy tuck until I talked to Auralia.”

S.H. Dublin

LIPOSUCTION

(Liposculpture)

As you grow older, you can accumulate fat in areas of the body that simply cannot be removed by exercise and diet. Liposuction is a procedure used to improve your body shape by removing unwanted fat from specific areas of your body, including your stomach, hips, knees, buttocks, thighs and upper arms. With a liposuction procedure, these bulges can be removed, allowing you to feel more comfortable and confident about your appearance.

TUMMY TUCK

(Abdominoplasty)

After pregnancy, weight loss, or just from ageing, many people find themselves with excess skin and fat around their stomach and decreased strength and tone of the muscles beneath. These stretch marks, flabbiness and laxity are easily seen on the surface of the body causing anxiety and poor self-esteem, with many people hiding their bodies beneath loose fitting clothes.

A tummy tuck can help improve the contour lines of your body. It can resolve issues of excess skin and stretch marks to leave you with a flatter, thinner, smaller, more youthful looking waistline.

MINI-TUMMY TUCK

(Mini-Abdominoplasty)

Many people are unhappy with the shape and size of their body, namely their abdomen, and would love to have a smooth flat stomach without any bulges showing through their clothes or hanging over their waist-band. A mini-tummy tuck procedure can help improve the contour lines of your body, helping to create a toned and more youthful looking stomach allowing you to wear the clothes you want with confidence. In many cases a mini-tummy tuck can be performed when your stomach is sagging with age or if you would just like to sculpt your tummy into a more desirable shape. The mini-tummy tuck procedure is tailored specifically to your requirements to give an improved body contour, a smoother shape to the abdomen and improved levels of self-confidence.

A tummy tuck or mini-tummy tuck can be done alone, or in conjunction with other procedures such as liposuction and liposculpture.

SCAR REDUCTION

You may consider having a type of surgery known as scar revision if you've had scarring due to an accident, surgery, or other cause. Scars are primarily caused when the body is injured and needs to repair itself. There are many different types of scars that can be formed with varying levels severity and scar development. Scar revision surgery can only improve the way a scar looks, rather than removing it entirely. No scar can be removed completely. Scar revision surgery can, however, make your scar much less noticeable, or less severe.

LABIAPLASTY

Labia reduction is an option for women who feel that their labia are too large or that they're asymmetrical (one side is significantly larger than the other). The labia are the folds of skin at the outside of the vagina, also called the "lips". A woman's labia may change with age or after childbirth, or they may have been a problem since childhood. In such instances, a labia reduction may be the best option. Some women prefer to have a tighter contour to their external genitalia; others are not comfortable emotionally or physically with the size or shape of their labia. For some women, excessively large labia can interfere with sexual relations. A labia reduction is a relatively simple surgical procedure that removes the excess or imbalance of labial tissue.

THIGH LIFT

Patients who would like tighter, more youthful looking thighs may benefit from a surgical procedure known as a thigh lift. In many cases, patients have experienced a large weight loss, resulting in a "saggy" appearance to the skin. A thigh lift can help patients achieve the look they had in mind when they decided to lose weight. A surgical thigh lift removes skin that has lost its elasticity, improving the overall appearance of the thigh area, although often focusing specifically on the inner thigh.

UPPER ARM REDUCTION

(Brachioplasty)

Fluctuations in weight, growing older and even hereditary conditions can cause your upper arms to have a drooping or sagging appearance. Upper arm reduction is an operation to reduce the amount of loose skin on the upper arm. This is often undertaken by those who have experienced substantial weight loss or those who, as a result of ageing, have experienced arm deflation. The surgical procedure involves removing loose skin and excess fat deposits. Exercise may strengthen and improve the underlying muscle tone of the upper arm, but it cannot address excess skin that has lost elasticity or underlying weakened tissues and localised fat deposits. Upper arm lifts, especially in combination with liposuction, can produce dramatic results in the contour of the arm. The scars resulting from an upper arm lift, are typically not dramatic or even readily noticeable. If the underside of your upper arms are sagging or appear loose and full due to excess skin and fat, an arm lift may be right for you.



TAILORED
TO YOU



STEP BY STEP
CONSULTATIVE
PROCESS

EXCELLENCE IN AFTER CARE





WORLD CLASS STANDARDS IN ELECTIVE SURGERY

**“This has been a wonderful experience!
Often in life there are things that we are
unable to control or change on our own.
Dr. Salman at Auralia has managed to
change those areas of life for me, and as a
result given me greater confidence! Thank
you from the bottom of my heart!”**

T.L. Limerick



BUTTOCK AUGMENTATION SURGERY

Buttock implants come in a variety of shapes and sizes to best fit each patient's body type and desired goal. They are made of soft silicone, which provides a firm, smooth and natural feel. They are placed away from important nerves as well as the bony area on which you sit. The upper and outer regions of the butt become rounder and firmer once the implants are in place. The procedure takes roughly two hours and is performed under general anaesthesia. Incisions are made inconspicuously in the depression between the buttocks. It is sometimes referred to as a Brazilian butt lift when fat transfer is involved alongside the implant to increase the size of your buttocks. This procedure can:

- Increase fullness, roundness and projection of your buttock
- Improve the balance of your figure
- Enhance your self-image and self-confidence



VAGINOPLASTY

Following childbirth, multiple vaginal childbirths, or sometimes simply due to aging, the vaginal muscles can lose strength, tone, tear, stretch, and most of all, lose control and support. The inside and outside dimensions can also increase. These changes can cause a decrease in sexual feeling and gratification. Vaginal rejuvenation is designed to correct the anatomic deformities and increase and restore sexual pleasure for women.

G-SHOT/G-SPOT AMPLIFICATION

The procedure, known as the G-Shot or G-Spot Amplification, works by injecting dermal filler into a woman's G-spot area. The shot works by enlarging the area along the anterior of the vagina that's known to be a highly sensitive erogenous zone to about the size of a euro coin in diameter with an internal projection of about 3-5mm. That makes the g-spot project lower into the vagina, making it easier to 'find' and stimulate during sex.



“I appreciate everything all your staff has done. From the moment I picked up the phone, I knew this was going to be a good experience. I am delighted with the result and all the aftercare support I received. I’ll spread the good word of your clinic.”

E.T. Dublin

PECTORAL IMPLANTS

Pectoral augmentation is a procedure that can be performed to give the male the definition he’s always desired in the chest region. Long used for reconstruction of the chest after cancer surgery in men, pectoral implants have been safely used to create bulk in the chest region. Pectoral implants allow men to sculpt their chest region to their desired proportions.

GYNECOMASTIA

Gynecomastia is a condition of over-developed or enlarged breasts in men that can occur at any age. The condition can be the result of hormonal changes, heredity, obesity, or the use of certain drugs.

Gynecomastia can cause emotional discomfort and impair yourself confidence. Some men may even avoid certain physical activities and intimacy simply to hide their condition.

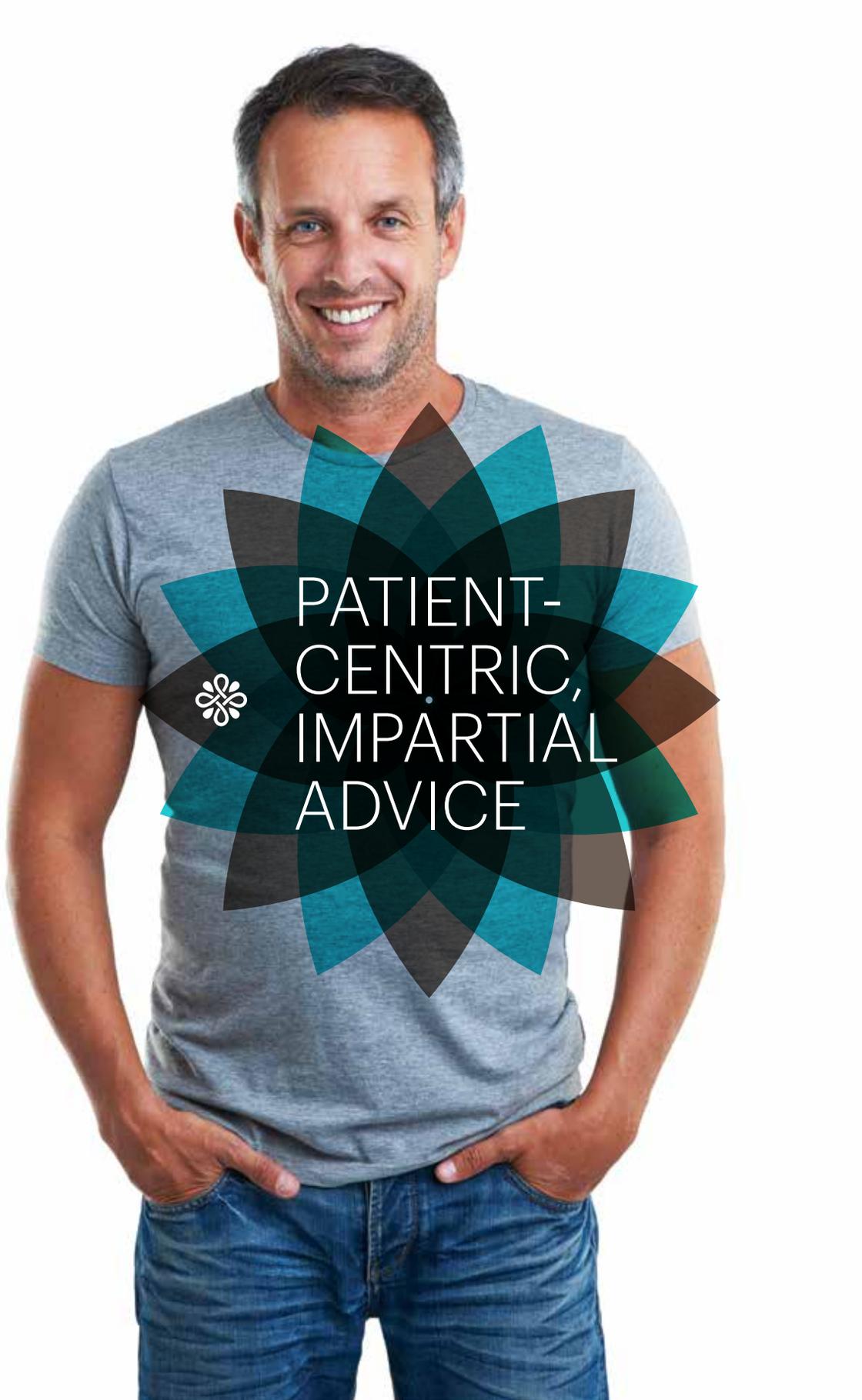
Gynecomastia is characterised by:

- Excess localised fat
- Excess glandular tissue development
- Sometimes excess breast skin
- Presence unilaterally (one breast) or bilaterally (both breasts)

Male breast reduction, or Gynecomastia surgery, removes tissue from the breasts, and in extreme cases excess skin, and can improve the appearance of the chest in cases where diet and exercise have failed. The results of the procedure are significant and permanent.

BIRTHMARKS

Birthmarks are a type of abnormal vascular lesion and can get progressively darker or larger on the body. With advances in technology, birthmark removal can be achieved through laser surgery and laser pigment removal. While the birthmark may not be entirely removed in some cases, successful treatments can lighten or cause the area to be completely cleared of abnormal colouration.



PATIENT-
CENTRIC,
IMPARTIAL
ADVICE



OUR CLINIC

Our purpose-built clinic is one of the most modern facilities in Ireland, employing the highest standards in both our equipment and staff. Conveniently located just off the M50 in Park West, which is easily accessed from all parts of Dublin and the wider area.

